



**AutPlay® Autism Checklist-R**

**Child's Name** \_\_\_\_\_ **Age** \_\_\_\_ **Gender** \_\_\_\_ **Date** \_\_\_\_\_

The AutPlay® Autism Checklist-Revised is an affirming strengths-based autism screening instrument to help assess the possibility a child is autistic and needs further evaluation. Place a check by each statement that describes your child. If you are unsure, leave the statement blank.

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- \_\_\_ Seems to have their own way of communicating and interacting
  - \_\_\_ Shows or seems to have strong reactions to sensory experiences
  - \_\_\_ Seems to do things in a way that might not be expected
  - \_\_\_ Seems to view peer relationships and interactions differently and in their own way
  - \_\_\_ Prefers constructive play (Legos, blocks, train track)
  - \_\_\_ Does not seem interested in and does not display a lot of group play
  - \_\_\_ Spends time playing alone or seems to prefer to play alone or parallel play
  - \_\_\_ Prefers solitary activities
  - \_\_\_ Prefers or displays nonverbal communication
  - \_\_\_ Displays stimming (hand or finger flapping, twisting, or spinning, etc.)
  - \_\_\_ Displays stimming while talking or interacting or looks away while talking or interacting
  - \_\_\_ Appears non interested by others when talking with or interacting.
  - \_\_\_ Seems drawn to or prefers technology play (electronics)
  - \_\_\_ Seems to prefer sensory based play
  - \_\_\_ Has a special or intense focus on specific things or subjects
  - \_\_\_ Explores, talks about or is often occupied with one subject or focus
  - \_\_\_ Prefers a routine, schedule, or planned activity
  - \_\_\_ Displays a special interest and seems not interested in things outside of the special interest
  - \_\_\_ Not as interested in social processes that may be common with other peers
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## **About the AutPlay® Autism Checklist-R**

The Checklist is based in part upon the DMS-V diagnostic criteria for autism spectrum disorder and reframes/focuses on viewing the child from a more neurodiversity affirming strengths-based description. It is valid for children ages 4-11. The checklist is designed to be completed by a parent or other caregiver who is familiar or involved enough with the child to provide accurate feedback. Practitioners should use the checklist in the following ways:

- 1) As part of an autism screening procedure to determine if further evaluation is needed.
- 2) As an assessment tool to gain further information about a child including their strengths.
- 3) As an aid in helping develop accurate therapy goals.

## **Instructions for completing the AutPlay® Autism Checklist-R**

Practitioners should give the checklist to parents and/or caregivers who are familiar with the child (this might include foster parents, school teachers, nannies, or other relatives). Parents and/or caregivers are instructed to complete the checklist by placing a check next to any statement they feel describes the child.

Parents and/or caregivers are **not** given a copy of the *About the AutPlay® Autism Checklist-R* (page 2). Practitioners should review and share results with parents and/or caregivers and provide recommendations.

## **Scoring**

The AutPlay® Autism Checklist-R is **not** a diagnostic tool. When completing the AutPlay® Autism Checklist-R as part of an autism screening, practitioners should compare results on the checklist with other screening inventories or procedures as part of a comprehensive screening protocol and consider additional factors to determine if further evaluation is warranted. The Checklist should not be the sole instrument used for an autism screening. The following scoring guide is designed to help inform further recommendations:

0-1 – Not indicative of further evaluation

2-5 – Possible referral for further evaluation

6 or above – Indicative of further evaluation

Practitioners looking for more resources for conducting autism screenings should consider conducting a child observation, a parent/child play observation, and/or implementing additional inventories such as the Autism Treatment Evaluation Checklist and the Modified Checklist for Autism in Toddlers (M-CHAT). These inventories are likely medical model based and will include non-affirming language. Practitioners can also refer parents and/or caregivers for a full evaluation if there is an indication the child may be autistic.

Child Name \_\_\_\_\_ Score \_\_\_\_\_ Date \_\_\_\_\_